

Sports ability: Indigenous sports ability activity cards (2006)

Type: Resource package

Description:

These activity cards provide a unique opportunity to learn about and participate in traditional Indigenous games and sporting activities. They are easy to use and provide examples of how to modify games to cater for all skill levels. These activity cards are inclusive games for people with or without a disability and are designed for all age groups, from children to adult.

When to use this resource:

This resource is designed for use in schools and other group settings. This resource is primarily designed for the inclusion of people with disabilities in sports but can be used within groups of people without disabilities.

Sports Ability equipment can be purchased or the activity cards can be used on their own with existing equipment.



Producer:

Australian Sports Commission, Canberra

To order copies of this resource

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View website:

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